



Information for members on returning to in-person rehearsals.

We have tried to keep these notes brief and related to the most essential aspects of our return.

Please be patient if you think that we are being over-cautious. We would rather ease up as we see how things go, than have to increase precautions and undermine our confidence in this long-awaited return.

Before rehearsal

- We strongly recommend
 - that you do not return to choir until two weeks after your second vaccination.
 - That you update your Covid status by registering a negative lateral flow test on the day of every rehearsal.
 - That you do not attend rehearsal if you feel unwell, even if you do not suspect Covid.
 - That you do not attend if you have been in contact with somebody who may have Covid or if you have been contacted by the NHS in this respect.

Arrival and Departure

- Arrive in good time to sign in and collect music. By signing in you will be agreeing that you have no symptoms of Covid 19 and have not been in close contact with anyone who has.
- We request that you wear a mask on arrival and departure and if moving around within the venue.
- Observe social distancing. We recommend 'arm's length'.
- Leave promptly and save social conversations until you are outside.
- Please inform your section rep or any member of the committee if you test positive for Covid in the few days after a rehearsal.

During rehearsal

- Seating: we ask that you
 - Only sit on marked seats.
 - Do not save seats for friends.
 - Fill rows of seats from one end only and without leaving any marked seat empty, so that nobody has to struggle along a row to find a space.
 - Remain in your seat throughout the rehearsal.
- For the time being there will be no break and no refreshments so please bring your own drink, if required.
- Avoid sharing equipment or music. FPC will ensure that everybody has the required music and pencils will be available for a small donation if you forget yours.
- Wearing a face mask or visor while singing is optional. However, a few clear visors will be available for purchase at every rehearsal.

We can all be forgetful so please do not be offended if somebody reminds you to observe some of these measures.